

Our SCSU Baseball Coaching Staff and Clinicians WILL COVER ALL THE BASES.

Our guest speakers will be speaking on a variety of subjects that cover a large portion of coaching baseball both on and off the field. Each session will be approximately 30 minutes in length with time allotted for questions and or discussion.

The morning session will consist of introductions and then on the field specific position drill work and various team drills.

After lunch the afternoon session will begin with a umpire/coaches relation session and followed by classroom type lectures covering fundamental development in various areas of baseball. Topics included will be: Fielding Fundamentals, Hitting Approaches & Concepts, Bunting and Base Running Basics, Perfection in Pitching, Developing a Winning Program, Psychology of Baseball, Baseball Outside the Lines (fundraising, strength training, alumni and media relations, and MORE!!)

Date: February 18th, Husky Dome & Classroom Lectures, 9:00am-3:00pm

Cost: Single Coach (\$40), Staff of Four (\$100), Mail in completed brochure to the SCSU Baseball Office. 306 Hallenbeck Hall, 720 4th Ave S, St. Cloud, MN 56301

After a long winter its time to get geared up for the start of the upcoming baseball season. This camp is only for grades 9th - 12th. Participants will be lead through specialized infield, outfield, hitting, pitching, and catching training sessions. Following the session on March 2nd there will be a FREE and optional baseball specific strength and conditioning program from 7-7:30pm after all practices. The sessions will be on baseball specific strength training, baseball specific conditioning training, and preventative arm care and strength training exercises. Due to this camp being such a specialized camp the maximum number of participants is limited to 50.

Dates: Fridays 5-7:45pm, March 2nd, 9th, 16th, Husky Dome (ENROLLMENT LIMITED TO ONLY 50 PLAYERS, SO SIGN UP EARLY!)

Cost: \$75

Groups of 4 hitters will be paired up by age. Players can register individually or as a team of four, but by appointment only.

The first 45 minutes will consist of hitting instructional. Coach Pat Dolan, SCSU Head Baseball Coach, will personally provide the first hitting lesson of each session. The remaining 45 minutes will consist of a non-instructional hitting league.

The hitting lessons will help hitters become an overall fundamentally sound hitter and improve their overall knowledge of hitting. Various drills and lead up games will be implemented.

The hitting league will provide 100+ swings with a point system chart. Individual and team leaders will be charted, with awards going out to each top hitter and top team.

Players will come in for four lessons/hitting leagues at either 5:30pm, 7:00pm, 8:30pm at the Husky Dome. The sessions are:

Session I: Tuesdays January 10th, 17th, 24th, 31st

Session II: Thursdays January 12th, 19th, 26th, February 2nd

Session III: Thursdays February 7th, 14th, 21st, 28th

Session IV: Thursdays February 9th, 16th, 23th, March 1st

Please contact Michael Harwerth at [763-234-8782](tel:763-234-8782) to sign up for your time slot as space is limited.

On the kid's day off from school (Martin Luther King Day) come join the fun filled day of sports, games, contests, food and fun in the new Maple Grove Dome!

Boys and girls in 1st-6th grade are welcome to join the fun. Stations and contests will be separated by age. We will play a variety games that include:

1. Whiffle ball
2. Kickball
3. Football
4. Dodgeball

5. Soccer
6. Track
7. Baseball and Softball cages

But that is just the start of the fun! Along with the games we'll have our Starz "Lotz of Funz" Olympiz! Included will be events like the:

1. 3 legged races, wheel barrel races and lead frog contests
2. Radar gun, longest toss in baseball and football
3. 40 yard dash and one lap run
4. Jump rope and push up contests
5. Shark Attack
6. Statue
7. Kick the can
8. And much more!

Participation certificates, ribbons, medals and trophies will be awarded! And during the pizza party lunch a funny all sport blooper video will be shown.

Pass the word with all your friends. The Martin Luther King Day "All Sports Day At The Dome" will be a fun filled day of activities you will remember!

Dates: Monday, January 16th, 2012, Maple Grove Sports Dome

Cost: \$75

Come join the baseball fun with the St Cloud State Baseball Coaching Staff and players AND GET A JUMP START ON THE COMPETION! Only 60 players will be in the Sandlot Series, so sign up early!

Players will be lead through 30 minutes of hitting instruction, batting cage and drill work followed by one hour of playing a sandlot style baseball game. The 2nd- 3rd graders will play on one field and the 5th-6th graders on the other field. The 4th graders can play up or down a level depending on their skill level. Each night teams will be picked randomly, so players will meet new players each week. Scores and stats are not kept and players all play different positions. Everyone bats through the order two times and then teams rotate from offense to defense. And even if a player makes an out he stays at the base he was out at or moves up a base to get as many "real baseball situations" as possible. This creates TEMPO and a lot of live action, which also makes it much more exciting. The 7 second on and off the field rule is in effect to keep the games moving quickly! Action packed baseball with nobody just sitting around!!

Game t-shirts and protective equipment will be provided, but feel free to bring your own bats and helmets. Please name tag them.

Come learn to play the Huskies way with a lot of fun-filled baseball action!

Dates: Mondays 5:15-6:45pm, January 23rd, 30th, February 6th, 13th, Husky Dome (ENROLLMENT LIMITED TO ONLY 60 PLAYERS, SO SIGN UP EARLY!)

Cost: \$100